

July 2, 2014 agenda

8-8:25 a.m.	Registration and continental breakfast (provided)
8:25-8:30 a.m.	Welcome/Introduction of speakers <i>Dana Harrison, PT, MPT, Cook Children's SPORTS program manager/SPORTS Rehab manager</i> <i>David Gray, M.D., Cook Children's medical director of Orthopedics and SPORTS</i>
8:30-9:15 a.m.	What is the role of the sports medicine physician and when to refer the young athlete? <i>Ricardo Guirola, M.D., Cook Children's Rheumatology</i>
9:15-10 a.m.	Concussion prevention and management update <i>Ricardo Guirola, M.D., Cook Children's Rheumatology</i>
10-10:30 a.m.	Evidence-based practice on treating medical emergencies in the young athlete <i>Michelle Kirk, M.D., associate director of sports medicine, JPS Healthcare</i>
10:30-10:45 a.m.	Break
10:45-11:30 a.m.	What is unique about the teenage girl athlete? <i>Pamela Sherman, M.D., Cook Children's Orthopedics</i>
11:30 a.m.- 12:15 p.m.	What is the young athlete eating and drinking to have optimal performance? <i>Amy Goodson, MS, RD, CSSD, LD, sports dietician, Ben Hogan Sports Therapy Institute</i>
12:15-1 p.m.	Lunch (provided)
12:40-1 p.m.	Project ADAM Texas: Heart-safe schools <i>Laura Friend, Project ADAM Texas</i>
1-1:45 p.m.	Running-related injuries among youths <i>Jason Kennedy, M.D., Cook Children's Orthopedics</i>
1:45-2:15 p.m.	Running injury prevention and training recommendations <i>Emily Gardner, PT, DPT, Cook Children's SPORTS Rehab</i>
2:15-2:30 p.m.	Break
2:30-3:15 p.m.	The injuries that come from over training: Are we harming our kids? <i>David Gray, M.D., Cook Children's medical director of Orthopedics and SPORTS</i>
3:15-4 p.m.	The importance of the functional assessment for all athletes <i>Jaclyn Arrow, PT, DPT, SCS, Cook Children's SPORTS Rehab</i>
4-4:45 p.m.	How to improve youth performance enhancement safely among our young athletes <i>John Stanley, PT, MSPT, SPORTS Rehab clinical coordinator</i>
4:45-5 p.m.	Wrap-up/final questions