

Burp Cloths

Burp cloths are given to babies at the N.E.S.T. Center (**N**eonatal graduate **E**arly **S**upport and **T**ransitional care). The N.E.S.T. Center provides outpatient care for high risk infants that have been discharged from the **N**eonatal **I**ntensive **C**are **U**nit (NICU) including testing and exams.

The Burp Cloths are given to the infant patient on their initial visit to the N.E.S.T. Center. It helps provide a reminder of the importance of the child's follow up appointments as well as provide a small gift to help parents celebrate their child's graduation from the NICU.

Burp Cloths can be completely handmade from scratch or you can use cloth diapers and add fabric to them. Any pattern will work.

For safety's sake, we ask that you not add embellishments such as buttons that could present a serious choking hazard.

Please use child friendly baby fabrics that are soft and will not scratch an infant's delicate skin. The best fabrics to use are flannel, cotton/poly blends, and soft plush fabrics.

The N.E.S.T. Center has requested that burp cloth either have embroidery with the words "Cook Children's N.E.S.T. Center" (any font and size is fine) or you may add a Stitch-a-Wish label. Labels are free and can be requested through Chisty Beck, Stitch-a-Wish Program Coordinator.