

Instructions for Velcro Ties

For initial fitting, place new trach tie around back of neck to meet trach wings (trim excess if necessary)



Remove the old ties, while securing the trach.



Slip the self-fastening tab through the opening of the tracheostomy wing, folding it back onto the cloth material to fasten it securely.



Repeat this step on the other side.



Check that self-fastening ties are secure, only allowing one finger to fit between the tie and the neck.



Helpful Tips for Velcro Ties

- Loop extra “side Velcro” to keep from sticking to everything when in emergency bag.

For Parents:

- **When making ties:** Please measure the initial ties so others will have a baseline for making new ties. Record the measurement on the Bedside Trach Sign.

(Note: When choosing how much to trim off of the longer piece, keep in mind that the ties could be too tight or too loose. Leave enough overlap that the ties could be loosened, but not so much that if they need to be tightened the overlap would meet the trach wing.)

If using self-fastening ties, you must check the ties often throughout the day to make sure the Velcro is secure.

****Do not reuse ties****



If unable to undo wing Velcro, remove back Velcro or cut Velcro if unable to undo from back.