

promise

SAFETY, CARING, INTEGRITY, COLLABORATION, INNOVATION, GIVING



Growing their
GRANDSON'S
legacy

.....

Celebrating the
HOLIDAYS AT
Cook Children's

.....



The beginning of a
BEAUTIFUL
friendship

.....

Generosity of
SISTERS
brings healing

promise

THE HOLIDAY ISSUE 2014

Cook Children's Health Foundation

Chairman of the Board James E. Webb

Cook Children's Health Care System

President and CEO Rick W. Merrill

Cook Children's Health Foundation

Vice President Grant Harris

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Special thanks to:

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.....

Cook Children's Health Care System is a not-for-profit, nationally recognized pediatric health care organization, comprised of eight entities — Medical Center, Physician Network, Home Health company, Northeast Hospital, Pediatric Surgery Center, Health Plan, Health Services Inc., and Health Foundation.

Cook Children's Medical Center is fully accredited by The Joint Commission and is a member of the Children's Hospital Association, Children's Hospital Association of Texas and Children's Miracle Network Hospitals.

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Warm regards

FROM RICK W. MERRILL

The support of our volunteers and donors is instrumental in helping us to better serve children throughout the year. Your generosity is deeply appreciated because it reflects your personal commitment to our patients and their families. And, it enables us to provide programs, services and activities that enhance their experience while at Cook Children's; making their time with us that much easier and more therapeutic while contributing to their recovery.

It's never easy for our patients and their families to spend time at the hospital, especially during the holiday season. As a husband and father, I know just how dear holiday traditions are to every family. An unexpected trip or prolonged stay at the hospital is not how families envision celebrating the holidays.

Thanks to the generous and giving spirit of our volunteers, donors and staff, the winter is especially festive, as we take great care to keep our patients and their families in the holiday spirit through decorations, crafts and celebrations. Your support, kind gestures and encouragement is not only uplifting to our patient families, it motivates us all.

In this issue, you will read about a very special young lady who experienced Cook Children's both as a sibling and as a patient during the holidays, and how it inspired her to give back. You will learn about a couple that has remained actively involved for many years, long after their child was treated here and about folks whose artistic talents are woven into the care we provide our patients and their families. Each of you are an important part of the fabric of Cook Children's and the breadth of care we provide as we attend to the varied needs of those we serve.

Thank you for helping to make the holidays special for our patients and their families. On behalf of everyone at Cook Children's, we wish you and your family a wonderful holiday season.



With gratitude,

Rick W. Merrill
President and CEO
Cook Children's Health Care System

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THE HOLIDAY ISSUE 2014

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COVER STORY

The beginning of a
BEAUTIFUL FRIENDSHIP

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Carëgiving in action

Caroline Skinner IS A DEDICATED VOLUNTEER WHO USES HER TIME AND TALENTS TO WARM THE HEARTS OF PATIENTS AT COOK CHILDREN'S MEDICAL CENTER.



Five years ago, Caroline Skinner attended a sewing school in Arlington where a Cook Children's employee was recruiting volunteers. Today, Caroline is one of our best Stitchers, a group of women who sew pillows, stuffed toys and other items for the patients at the medical center.

Last year, Caroline donated 76 beautiful, handmade Christmas stockings to be given to the children who would wake up Christmas morning at Cook Children's. She began working on the stockings for this Christmas

almost immediately after the 2013 holidays, starting her first stocking in January. It takes her 30 hours to make just one, as each is intricately designed and embellished with hundreds of tiny beads and sequins.

A few weeks after Christmas last year, Caroline received a thank you note from a 16-year-old girl. The patient told her that the stocking brightened her room, and that brightened Caroline's day. That is the goal, she said, to brighten the day of as many patients as possible.



Carëgiving in action

Since starting as a volunteer, Caroline has donated more than 10,000 hours of her time and is a part of Golden Heart, a special group of volunteers who have given 2,500 volunteer hours or more at Cook Children's. In addition to pillowcases and stockings, Caroline also crochets headbands for babies in our intensive care units.

Caroline has inspired many others to get involved, as well. Her son and daughter-in-law have offered to purchase all of the supplies that she needs for her many projects. While at the fabric store picking up supplies, she has recruited countless volunteers to sew for Cook Children's. And when her neighbor's son stopped by one day with his mother to introduce themselves, he jumped in to help too. He had noticed a bag of toys and stuffing in Caroline's house and asked about them. Caroline explained what they were and the boy stuffed 20 toys right then and asked if he could come back again to help.

When asked what keeps her motivated to keep sewing for our patients, Caroline said, "All you have to do is hand one toy to a child and that's all it takes to keep you going."

Earlier this year, a young couple brought their baby to the atrium to pick out a toy from the Stitches. Caroline was there and noticed that she had a stuffed monkey made of the same blanket fabric in which the boy was cradled. She offered the monkey to him and he instantly clung to it. His mother tried to get him to take a stuffed baseball instead, but he wouldn't give up the monkey. Carolyn told the mother that he should have both, one for each hand.

The mother thanked Caroline and walked away. A few minutes later, the boy's father walked back over to Caroline and asked if he could hug her, which she of course was happy to do. He then asked if he could make a donation to her efforts. She told him that she wouldn't take his money, but that he could make a donation to Cook Children's. He did, and so did his friend.

Caroline's talents have no doubt brightened more days than she will ever know. The patients and families at Cook Children's are blessed to be on the receiving end of her generosity.

Warm the hearts of patient families this holiday season!

Give the gift of a Cook Children's gift card.

It's the one-stop shop gift card!

Purchase a Cook Children's gift card at any of the Cook Children's Medical Center establishments listed below, except Starbucks®, or online at cookchildrens.org/marketplace.



Valid at these Cook Children's Medical Center establishments:

Chick-fil-A® • Camelot Court Food Court

Zooty Fruity® Yogurt Shop • Build-A-Bear Workshop®

Enchanted Castle Gift Shop • Cook Children's Pharmacy

CookChildren's



The beginning of a beautiful friendship

A TRIP TO THE EMERGENCY ROOM WITH THEIR SON WAS THE BEGINNING OF A LONG-LASTING RELATIONSHIP WITH COOK CHILDREN'S FOR *Stan and Nancy Howard.*

It seems odd to refer to a trip to the emergency room as “the beginning of a beautiful friendship,” but for Stan and Nancy Howard and Cook Children’s, that’s exactly what it was. When her 17-month-old son fell from the sofa, hitting his head on a table on the way down, she “was certain he would need brain surgery” and rushed him to Cook Children’s. Thankfully, that was not the case. And, as the years passed, his daredevil ways continued and they made several other visits to Cook Children’s.

The Howards’ sons are now grown, too tall for the gurneys at Cook Children’s, but the Howard’s nine grandchildren continue the family tradition of receiving care at Cook Children’s. Collectively, they have been patients in the Neonatal Intensive Care Unit (NICU), the specialty clinics of Endocrinology, Cardiology, Neurology, Orthopedic Surgery and the Emergency Department.

Philanthropically, Stan and Nancy Howard have always remained focused on helping children and families in need. With so many personal experiences with Cook Children’s, they felt personally called to get involved and support our patients. Their involvement spans decades and reaches across several departments, initiatives and programs.

Nancy has served on the Board of Trustees for the past eight years, on the Quality Committee for the past seven years and has also served as the Chairman of the Endowed Chair Committee. Stan and Nancy also have been strongly supportive of The Center for Prevention of Child Maltreatment. This center, led by Cook Children’s, offers new ways to expand and create child maltreatment prevention efforts in our community.

With so many personal experiences with Cook Children’s, they felt personally called to get involved and support our patients.

“This is my eighth and final year on the board at Cook Children’s,” says Nancy. “I have gained much more than I have given. I have a greater respect for the physicians and medical professionals, as well as the administrative staff. There is

an atmosphere at Cook Children’s that is contagious. The employees are the most positive, upbeat people you could ever hope would care for your own child. All this brings great comfort to our family, as our grandchildren and future great-grandchildren will benefit from this award-winning medical system.”

Nancy and Stan Howard have a true passion for helping the patients and families at Cook Children’s. They have played the roles of champions, advocates, parents, grandparents, board members and donors. It is because of their generosity, and the generosity of others like them, that Cook Children’s can continue to grow and enhance in order to continue to meet the needs of our community. Their leadership has been a blessing to all of the families who walk through our doors, including their own.

By the numbers

EACH YEAR, THE TEXAS STATE GUARD COLLECTS AND DISTRIBUTES TOYS TO PATIENTS IN EVERY CHILDREN'S HOSPITAL IN THE STATE OF TEXAS, A TRADITION THAT STARTED AT COOK CHILDREN'S IN 2009.



2014 WILL BE THE
6th YEAR OF THIS PROGRAM

THE TEXAS STATE GUARD
donated 3 trailers
EQUALING 3,500 toys IN 2013



THE 4th Civil
Affairs Unit
collects toys
FOR COOK CHILDREN'S



Make giving a social experience

SOCIAL MEDIA IS A GREAT PLACE TO SEE HOW YOUR SUPPORT MAKES A DIFFERENCE IN THE LIVES OF OUR PATIENTS THIS HOLIDAY SEASON. AND, WE WANT TO HEAR FROM YOU, TOO! TELL US ABOUT THE ACTS OF GENEROSITY YOU ENCOUNTERED AT COOK CHILDREN'S, OR IN SUPPORT OF COOK CHILDREN'S AND OUR PATIENTS.

Connect with us!

YouTube: Cook Children's
youtube.com/cookchildrens

Facebook: Cook Children's
facebook.com/cookchildrenshcs

Twitter: @cookchildrens
Twitter.com/cookchildrens

Pinterest: Cook Children's
pinterest.com/cookchildrens

Instagram: Cook Children's
instagram.com/cookchildrens

Google+: Cook Children's
plus.google.com/+cookchildrens

LinkedIn: Cook Children's Health Care System
linkedin.com/company/cook-children's-health-care-system



Growing their grandson's legacy

Jacob Patrick Morgan WAS TAKEN FROM HIS FAMILY AT AN EARLY AGE, BUT HIS LEGACY LIVES ON THROUGH THE *Jacob Patrick Morgan Nursing Fund*.

Arda and Frank Morgan thought their grandson, Jacob Patrick Morgan, was your typical healthy little boy. But on Jacob's second birthday on February 16, 1988, he had a seizure from which he would never fully recover.

His family went in search of answers and a diagnosis. They learned that Jacob had mitochondrial encephalopathy and that it was terminal. The mitochondrial disorder is characterized by stroke-like episodes, headaches, vomiting and other neurological symptoms. They found themselves in the Pediatric Intensive Care Unit (PICU) at Cook Children's, under the care of Howard Kelfer, M.D., and many talented, caring nurses.

After sharing the tragic news with their immediate family, Arda and Frank received a book from Arda's aunt, Rachel. This book, "When Bad Things Happen to Good People," by Harold Kushner, was the beginning of the healing process for Jacob's grandparents.

Just 80 days after his seizure, Jacob Patrick Morgan passed away in the PICU at Cook Children's.

Wanting to keep Jacob's legacy alive, Arda and Frank Morgan made their first donation to Cook Children's after his passing. They purchased a memorial plaque for Jacob that is displayed at the medical center. After that, giving monthly became second nature to them. They remain the longest standing individual annual donors to the Cook Children's Health Foundation.

"We wanted Jacob's life to amount to something, to be remembered," said Arda. So they established the Jacob Patrick Morgan Nursing Fund.

Inspired by her time as a nurse's aide when she was just 16 years old living in Orange County, Calif., Arda knew that she wanted the money to help provide the Cook Children's nurses with the resources they need to care for patients like Jacob.

"We wanted Jacob's life to amount to something, to be remembered," said Arda.

When asked what goes through their mind when they write that check out every month, Arda replied, "Joy. A joy in helping others, children particularly."

To learn how you can support the patients at Cook Children's, contact Cook Children's Health Foundation at 682-885-4105.



Arda and Frank Morgan



Donations to the Jacob Patrick Morgan Nursing Fund help provide nurses with the resources they need to care for patients.

Partners in our Promise

The Dannon Company HAS BEEN HELPING COOK CHILDREN'S PATIENTS FOR MORE THAN TWO DECADES. THE COMPANY CREATES FUN AND UNIQUE WAYS TO GIVE BACK, WHILE ENGAGING ITS EMPLOYEES AT THE SAME TIME.

Dannon's mission is to bring health to the greatest number of people through the benefits of their products. It's also important to Dannon to support healthy initiatives in neighborhoods throughout their local communities. They focus on teaching children the importance of balanced diets by providing information on how just one yogurt every day can help lead to a healthier lifestyle.

"As a team, we like to partner with our community and feel privileged to call Cook Children's a neighbor," said Hillary Thye with Dannon's Community Affairs. "Many of our employees have friends and family who have been patients at Cook Children's and they love to support the organization when possible. They get as much, if not more, out of it as the children do!"

This year, the group will decorate all of the nurses' stations and hallways in the patient units at Cook Children's Medical Center. Working with the patients at Cook Children's is a favorite community activity for the 150 employees at the Fort Worth Dannon plant for so many reasons. With such a high interest level, dozens of volunteers will be jumping at the chance to be a part of this opportunity.

"We are certain that greater outcomes come from working together, in this case, our alignment in educating people about nutrition and making healthy choices," said Hillary. "We are honored to partner with such a well-known and reputable organization and work together toward achieving a healthier Fort Worth community."

If your company is interested in volunteering, call Cook Children's Health Foundation at 682-885-4105.



Community partners

COOK CHILDREN'S IS BLESSED WITH MANY ACTIVE *community groups* WHO GENEROUSLY SUPPORT US BY HOSTING A VARIETY OF FUNDRAISING EVENTS. WE APPRECIATE ALL OF THESE *enthusiastic donors* AND THEIR *volunteers* WHO COORDINATE AND *staff* THESE EVENTS.

ANNA BRASHEAR MEMORIAL INVITATIONAL

Benefiting AML research

The Anna Brashear Memorial Invitational is a gymnastics meet established in 2012. It benefits Cook Children's and raises funds for treatment programs and research to eliminate acute myelogenous leukemia (AML). This year's event was scheduled to take place at Texas Woman's University in Denton, February 28-March 2. Despite the meet having to be canceled due to inclement weather, it still raised a record-setting amount of \$20,000.



Shannon Hess, Anna's parents Robert Brashear and Joanna Brashear and Cook Children's Special Events Coordinator Bailey Langdon

DIRTY SCURRY ADVENTURE RUN

Benefiting SPORTS Rehab, REACH, childhood obesity prevention and Child Life programs

On April 26, PT Fitness hosted its fourth annual Dirty Scurry Adventure Run at LaGrave Field, next door to the Coyote Drive-In in Fort Worth. The 1.2 mile obstacle mud run gives kids ages 5-14 a fun way to stay active, with the added benefit of supporting Cook Children's SPORTS (Sports Performance Orthopedic Rehab Team Specialists) Rehab, as well as the REACH, childhood obesity prevention and Child Life programs. This year's event raised an amazing \$30,000.



Lauren Mullins, Mark Heilman, Don Wilson, M.D., Kim Cox, Bailey Langdon, Sheril Appel, Ron Green, Nancy McBride, Danette Jimenez, Dana Harrison, Phil Wetzel, Glenn Stromberg

WE WOULD LIKE TO RECOGNIZE AND THANK THE FOLLOWING COMMUNITY PARTNERS FOR THEIR RECENT GIFTS:



*Charitable Crusaders • Diamonds in the Ruff • Kids Helping Kids
Lone Star Runners Guess Your Pace 5k
Northwest Elementary PTA Walk-A-Thon • Painting with a Purpose
Pitchin' for Prêmies • Quarter Café
Save a Life, Ride a Horse • Texas Flip N Move Auction*



Generosity heals

DURING THE HOLIDAYS, *Cook Children's Medical Center* TRANSFORMS INTO A MAGICAL WONDERLAND. THE HALLS ARE DECKED, THE STAFF IS JOLLY AND THE DAYS ARE FILLED WITH ACTIVITIES TO KEEP PATIENTS AND THEIR FAMILIES IN THE HOLIDAY SPIRIT.

While the generosity of our community is felt throughout the year, this is especially true during the holiday season. Groups, individuals and companies give their talents and resources to make this time special for our families who find themselves, often unexpectedly, in a hospital and away from their own traditions and comforts.

Santa Claus (yes, THE Santa Claus) is just as grateful as we are to those who help bring the holiday spirit to Cook Children's. With so many children to visit, he relies on the help of local elves to create a North Pole in Fort Worth.

For five weeks leading up to Christmas, these elves bring toys and gifts to the medical center. There are approximately 50 elves that volunteer at Cook Children's over that period to receive and sort the items according to age and gender. They then arrange these thousands of toys in a shop-like display that fills several rooms. This is Santa's Workshop.

Santa and his elves go to the workshop and fill a bag for each and every child who wakes up at Cook Children's on Christmas morning, including the siblings of the patients. Even though they aren't at home, Santa is still able to find the children. He hand delivers each bag, filled to the top with toys, blankets and stuffed animals to the patient rooms.

Thanks to the generosity of these elves, Santa's Workshop continues to grow every year, along with the patient population. Last year, 225 patients spent the night at Cook Children's on Christmas Eve, not including their siblings. Santa was very busy delivering toys to all the boys and girls!

If you are interested in becoming one of Santa's elves or donating to his workshop, contact the Cook Children's Community Program coordinator at 682-885-4241.



Chico's FAS, Inc.

FOR *Chico's associates* LIKE *Jackie Thomas*, RAISING MONEY FOR COOK CHILDREN'S THROUGH CHILDREN'S MIRACLE NETWORK HOSPITALS IS AS EASY AS ASKING HER CUSTOMERS A SIMPLE QUESTION.

Chico's FAS, Inc., family of brands, which includes Chico's, White House | Black Market, Boston Proper and Soma Intimates, has been a proud partner of Children's Miracle Network Hospitals since 2011. In that time, Chico's FAS has raised more than \$3,000,000 nationally and more than \$30,000 for Cook Children's.

In addition to participating in a traditional balloon campaign, the company creates and sells specialty items that are customized to raise money for Children's Miracle Network Hospitals. These range from jewelry to pajama sets, and Chico's FAS donates a portion of the proceeds to their local CMN Hospitals.

Since 2011, Chico's FAS has raised more than \$3,000,000 nationally and more than \$30,000 for Cook Children's.

Jackie Thomas has been with Chico's at University Park Village in Fort Worth since 2012. Her connection to Cook Children's is personal. More than 30 years ago, Jackie's son was treated in Cook Children's Neonatal Intensive Care Unit and she has been a loyal supporter ever since. She is the top fundraising associate for the Fort Worth location and has a huge heart for helping Cook Children's patients.

"When it comes to children, how do you not want to help them?" Jackie asked. "Everyone wants to do something for other people. It makes them feel good to know they helped a good cause."

Because most people in the community have a connection to Cook Children's, Jackie believes the best way to garner donations is simple – ASK! "You have to give each customer every opportunity and chance to give. We also like to celebrate our customers who choose to donate. We ring a bell, clap and shout to make them feel special about the choice they made to give," she said.

Jackie is a perfect representation of the Chico's brand. The national company is filled with genuine employees who care about young patients and their families in their local communities.

In 2013, Chico's hosted a special Mom's Room at the annual CMN Hospitals conference in Orlando, which brings together hospital associates and corporate partners from all over the country. The Mom's Room was dedicated to the mothers of CMN Hospitals Champion Children who represent each state. That included DeAnna Berry, the mother of the 2013 Texas State Champion and Cook Children's patient, Briggs.

"I will never forget the moment when I found out that there was a special room set aside for the moms to go shopping," said DeAnna. "It was the most amazing feeling when I walked into that room, filled with all kinds of pretty things from Chico's. I literally walked out in tears; I was so touched and appreciative."

Children's Miracle Network Hospitals and Cook Children's are fortunate to have Chico's FAS, Inc., as a loyal partner. The company's passion and drive to help children of their communities is inspiring. Cook Children's could not do the work it does without the support of companies like Chico's FAS, Inc.



Chico's associates Jennifer Basped and Jackie Thomas are passionate about raising funds for Cook Children's.



**Children's
Miracle Network
Hospitals**

Helping Local Kids

*Look for the **miracle balloon**
in your neighborhood
and know all of the funds raised help children in our community.*

UPCOMING MIRACLE BALLOON CAMPAIGNS AND EVENTS:

LIDS	OCT. 1-NOV. 30
CREDIT UNIONS FOR KIDS	NOV. 1-DEC. 31
CHICO'S	NOV. 1-DEC. 31
WHITE HOUSE BLACK MARKET	NOV. 1-DEC. 31
BOSTON PROPER	NOV. 1-DEC. 31
SOMA INTIMATES	NOV. 1-DEC. 31
UNIVERSITY OF NORTH TEXAS DANCE MARATHON	FEB. 21
TEXAS CHRISTIAN UNIVERSITY DANCE MARATHON	FEB. 21

**For a complete listing
of our partners,
visit cookchildrens.org/giving**

*Amy Bráshear was inspired
to help the patients of
Cook Children's. If your child
is interested in using their
birthday party to help our
patients, visit
cookchildrens.org/peterpan
or call 682-885-4105.*



Young philanthropists

ALONG WITH HER PARENTS AND YOUNGER SISTER, *Amy Bráshear* IS HELPING HER SISTER ANNA'S MEMORY LIVE ON.

Anna Brashear passed away at just 8 years old from acute myelogenous leukemia (AML) in 2010. To help other families dealing with AML, Anna's parents immediately established two fundraising events in their daughter's memory. The Anna Brashear Memorial Invitational, a gymnastics meet, and the Anna Banana Trail Run and Walk began in 2011 and have raised a grand total of more than \$41,000.

While the family was helping to build Anna's legacy, life took another frightful turn. Anna's younger sister, Amy, was admitted to Cook Children's for osteomyelitis, a bone infection, just 13 months after Anna's passing. The then 5-year-old was hospitalized for a week during the holiday season.

Even though Amy was in isolation and unable to leave her room to attend the holiday activities taking place in the play rooms and atrium, the Child Life staff made sure that Amy was not left out of the fun. They brought the activities to her, using them as motivational tools to get her to do the things she didn't want to do, like walking on a leg that hurt or changing an IV.

While the family was helping to build Anna's legacy, life took another frightful turn.

Through her sister's illness and then later, her own, Amy experienced first-hand that generosity can be healing. She saw how gifts from others helped kids be regular kids again, not sick kids. Generosity made Cook Children's a fun place, not just a hospital, and Amy wanted to be a part of that.

In an effort to give back, Amy now helps with the fundraisers that bear her sister's name. At the gymnastics meet, she likes to hand out the awards, help the vendors and sample concessions. Leading up to the run, she sorts medals



Amy celebrates being a Peter Pan Birthday Club member with her parents, Bobby and Joanna, younger sister Ainsley and Cook Children's Special Events Coordinator Bailey Langdon.

and organizes supplies. On the day of the event, she runs alongside everyone else.

For her last birthday, Amy joined the Peter Pan Birthday Club. She asked her friends and family members to make donations to Cook Children's, instead of bringing gifts to the party. She remembers being sick at Cook Children's and wants to help other patients like her sister and herself.

Being kind and giving comes naturally to Amy. She watched her older sister, Anna, always putting her friends before herself and sees her parents, Bobby and Joanna, working year-round to bring hope and healing to other families. She dotes on her younger sister, 2-year-old Ainsley, and will no doubt be a role model to her as she grows up and begins to learn more about how giving can help others.

Daddy, can we read this book AGAIN?

.....
THIS IS AN EXCERPT FROM THE MASTERS IN PARENTING SERIES WRITTEN BY *JUSTIN SMITH, M.D.*,
A COOK CHILDREN'S PEDIATRICIAN.

"The Very Hungry Caterpillar" must have turned into a "bootiful butterfly" 10,000 times in my house.

"On Saturday, he ate through one piece of chocolate cake, one ice-cream cone, one pickle, one slice of Swiss cheese, one slice of salami..."

When my oldest child was 2, he could recite this line in his sleep, with one eye closed and one arm tied behind his back (not that any of that matters, but he could have).

A cool study done by Dr. Jessica Horst at the University of Sussex shows that reading the same books over and over (and over and over) can help to stimulate your child's language development. The study looked at reading children books with new words. One group heard the same book every time, while the other group heard different stories. Children in the "same story" group learned the words better and retained them longer than those who heard the words from different books, showing that it can be beneficial to read the same stories repetitively.

Because we are a "nerdy" family and both my wife and I love to read, our kids get lots of books for presents. I sometimes feel guilty when I see the pile of books that we have read a few times, while my kids go back to the same three books over and over again. This study is a good reminder that this is OK.

Here are some tips to take away from the study:

- 1. Read to your child. If you aren't reading to your child daily, this study doesn't really help you much.**
- 2. Don't worry about reading the same books again and again (and again and again), your child's vocabulary will thank you for it.**
- 3. You don't have to buy every single book in the series for a young child. So, save yourself some money and bookshelf space. As your kids get older, they will appreciate the variety ... for now, most like the routine.**

There are some ways you can keep your mind in the game while reading the story for the 1,000th time and to maximize your child's learning, as well. For more on those, visit checkupnewsroom.com and search for the Masters in Parenting series.

Our patients love to read! If you would like to donate books to our patients this holiday season, contact Child Life at 682-885-4048.



What's new at Cook Children's?

THE LATEST NEWS AND UPDATES FROM AROUND COOK CHILDREN'S HEALTH CARE SYSTEM.



MORE BLUE PEAKS IN FORT WORTH

OUR FORT WORTH URGENT CARE CENTER MOVED TO A NEW, LARGER BUILDING IN LATE SEPTEMBER. LOCATED AT WEST PULASKI AND ROSEDALE, THE 13,000-SQUARE-FOOT FACILITY OFFERS 19 PATIENT ROOMS AND SERVES CHILDREN AND ADOLESCENTS, AGES 0-21. OUR STAFF THERE CARES FOR PATIENTS DAILY FROM 7 A.M. TO MIDNIGHT.

CALLING AUSTIN HOME, SWEET HOME

IN AUGUST, COOK CHILDREN'S HOME HEALTH EXPANDED ITS SERVICES TO A THIRD LOCATION, OPENING A FACILITY IN OUR STATE CAPITOL, AUSTIN. THE NEW SITE OFFERS DURABLE MEDICAL EQUIPMENT, RESPIRATORY SERVICES AND ORTHOTICS AND PROSTHETICS FROM WACO TO SAN ANTONIO, GIVING COOK CHILDREN'S HOME HEALTH THE ABILITY TO PROVIDE QUALITY, FAMILY-CENTERED CARE TO 20 COUNTIES IN THE TEXAS HILL COUNTRY.



GIVING TUESDAY



BLACK FRIDAY. CYBER MONDAY. GIVING TUESDAY. THIS HOLIDAY SEASON, JOIN OTHER COMPANIES, INDIVIDUALS AND GROUPS IN OUR COMMUNITY TO CELEBRATE GENEROSITY. GO TO COOKCHILDRENS.ORG/GIVING TO MAKE A GIFT ON THE GLOBAL DAY OF GIVING. YOUR DONATION ON DECEMBER 2 FOR GIVING TUESDAY IS A GIFT OF HOPE AND HEALING FOR OUR PATIENTS.

AMAZON SMILES

WHEN YOU SHOP THIS HOLIDAY SEASON, AND ALL YEAR ROUND, YOUR AMAZON PURCHASE CAN MAKE A DIFFERENCE FOR THE PATIENTS AT COOK CHILDREN'S. AMAZON DONATES A PORTION OF ELIGIBLE PURCHASES MADE AT AMAZONSMILE TO THE CHARITY OF YOUR CHOICE. SIMPLY GO TO SMILE.AMAZON.COM, SIGN IN USING YOUR AMAZON ACCOUNT OR CREATE A NEW ACCOUNT, AND THEN SELECT COOK CHILDREN'S MEDICAL CENTER AS YOUR CHARITY OF CHOICE.



**New Amazon
Program Enables
Shoppers to Easily
Donate to Their
Favorite Nonprofits**



HOLIDAY CARDS THAT CARE

CARDS FOR KIDS IS MOVING ONLINE JUST IN TIME FOR THE HOLIDAYS, GIVING FAMILIES ANOTHER CHANCE TO SUPPORT COOK CHILDREN'S. THE NEW WEB SITE, COOKCHILDRENSCARDSFORKIDS.COM, ALLOWS YOU TO CHOOSE FROM MORE THAN 20 DIFFERENT CHILD ART DESIGNS AND THEN CUSTOMIZE THE INSIDE OF THE CARD BY UPLOADING A FAMILY PHOTO TO GO ALONG WITH A CUSTOM MESSAGE. CARDS FOR KIDS ARE DESIGNED BY LOCAL CHILDREN, INCLUDING COOK CHILDREN'S PATIENTS, WHO WANT TO MAKE A DIFFERENCE IN THE LIVES OF OTHERS. COORDINATED THROUGH THE WOMAN'S BOARD OF COOK CHILDREN'S MEDICAL CENTER, ALL PROCEEDS FROM CARDS FOR KIDS BENEFIT THE YOUNG PATIENTS BEING TREATED HERE.

FORT WORTH
**STOCK SHOW
& RODEO**
est. 1896
THIS THING IS LEGENDARY®

CookChildren's SM

TY MURRAY
NINE-TIME WORLD CHAMPION



**SMALLER ARENA,
BUT THE FIGHT'S JUST AS BIG.**

OUR BABIES SHOW FIGHT THAT RIVALS THAT OF EVEN THE STRONGEST RODEO STARS.

COOK CHILDREN'S
Day **AT THE**
RODEO

02.04.15

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THE PREVENTION AND TREATMENT OF ILLNESS, DISEASE AND INJURY.

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THE GENEROSITY AND COMPASSION OF THESE DONATIONS HAVE HELPED ENHANCE
THE LIVES OF CHILDREN WHO RELY UPON COOK CHILDREN'S FOR CARE.

July 1-Sept. 30, 2014



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ARE GIFTS GIVEN TO EXPRESS JOY OR GRATITUDE.



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ARE GIFTS GIVEN IN LOVING MEMORY.



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IS FOR KIDS WHO ASK PARTY GUESTS TO DONATE TO
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