

promise

SAFETY, CARING, INTEGRITY, COLLABORATION, INNOVATION, GIVING



*Generational
giving*

.....

*Building a
CONNECTION BETWEEN
community
and patients*

.....



*Young
philanthropists*

.....

*What's NEW at
Cook Children's*

promise

SUMMER 2013

Cook Children's Health Foundation

Chairman of the Board James E. Webb

Cook Children's Health Care System

President and CEO Rick W. Merrill

Cook Children's Health Foundation

Vice President Grant Harris

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Cook Children's Health Care System is a not-for-profit, nationally recognized pediatric health care organization, comprised of eight entities — Medical Center, Physician Network, Home Health company, Northeast Hospital, Pediatric Surgery Center, Health Plan, Health Services Inc., and Health Foundation.

Cook Children's Medical Center is fully accredited by The Joint Commission and is a member of the Children's Hospital Association, Children's Hospital Association of Texas and Children's Miracle Network Hospitals.

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Warm regards FROM RICK W. MERRILL

No doubt all of us are looking forward to summer because it's full of promise, hope and joy. It's an occasion to absorb the beauty and wonderment around us. It's a time of year to be outdoors and spend time with family and friends. And if we're lucky, it's a moment in time when we can pause and learn from the children in our lives.

Admittedly, sometimes as adults, we can get caught up in the day-to-day demands and forget to focus on what's important. Perhaps, we overlook the possibilities that are right in front of us. The truth is, sometimes we simply need a reminder. Thankfully, such cues can often come from the children or young adults around us.

They have the unique and fresh perspective and remind us what's truly important. Helping us to just stop and treasure the moment and think about what's possible; if only we'd pay attention. Fortunately for us, kids are not afraid to dream big. They often ask, why? Why can't we do that?

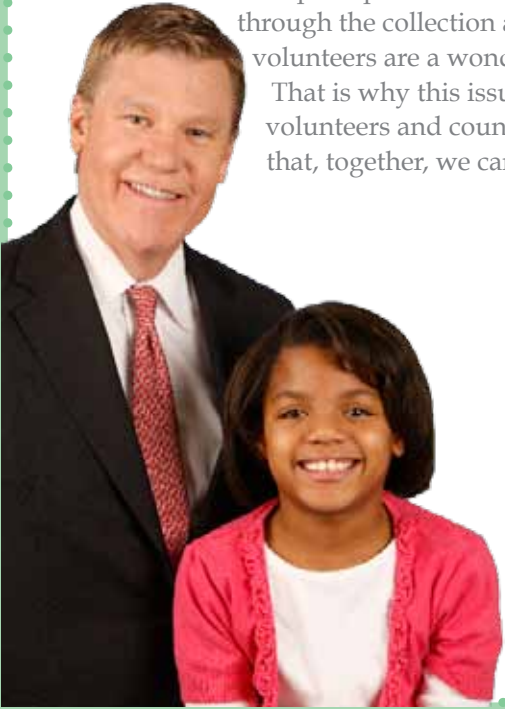
Do you remember when you were young? We dreamed about being famous movie stars or pro athletes, flying into space, or buying an ice cream store. Unfortunately, sometimes as we get older and life takes over, we forget to dream.

For me, this edition of *Promise* is truly special because it focuses on the heroic efforts of children and young adults, who've both thought about and shown us how they can help the patients of Cook Children's. Whether it's by giving of their time, through the collection and donation of toys or by raising money, these young volunteers are a wonderful example for us all.

That is why this issue is dedicated to young adults like Haley, our junior volunteers and countless other young people who continue to remind us that, together, we can make a difference for the children of our community.

Sincerely,

Rick W. Merrill
President and CEO
Cook Children's Health Care System



promise

COVER

Generational giving
The Lowrance family has made giving back to Cook Children's a multi-generational tradition.

6



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Caregiving in action

BUILDING A CONNECTION BETWEEN THE COMMUNITY AND COOK CHILDREN'S MEDICAL CENTER PATIENTS, *Marie Howell* FOUND HER CALLING AS MANAGER OF VOLUNTEER SERVICES.

It takes a lot of people to make all the great things that happen at Cook Children's possible. We have physicians, nurses, staff and of course, volunteers who pour their hearts and talents into helping the patients. Behind those volunteers is a team of Cook Children's employees that organizes, guides, encourages and thanks these volunteers. Among them is Marie Howell, Cook Children's manager of Volunteer Services.

Marie, who moved to Mexico after high school and graduated from the Autonoma University in Guadalajara where her father retired, knew early on that her career would be built on helping children. She moved to Fort Worth after college and spent several years teaching. She then joined the Child Life team at Cook Children's. It was there, in the time that she spent with the devoted volunteers, that she found her calling. So when a position became available in the volunteer office serving as the connection between the community and the patients, Marie knew that was where she belonged. She went on to apply for and received the Certified in Volunteer Administration (CVA) credential, a prestigious performance-based measure of an individual's volunteer resource management skills.

"People say that when you find a job doing what you love, you never work another day in your life. That's me," says Marie. "I love my job."

Ten years later, she is still inspired by those who give their greatest gift — their time — to the patients and families at Cook Children's. Many have been volunteering here for decades and some, she says, have been coming here since before she began working at Cook Children's, more than 18 years ago. The volunteers are of all ages. Many are patients, parents, and families who want to give back to the place that gave them so much.



Marie Howell enjoys watching volunteers become a part of the Cook Children's promise.

Marie has watched many volunteers come in as teenagers, grow up, and build lives and families of their own. One of those teenagers was her own son, Michael, who served as a Junior Volunteer in the lab. He has a daughter of his own now, and a career as a laboratory technician. Charlotte, his daughter, can't wait to volunteer here, too. And Marie, or "Mimi," says she will be glad to have her at Cook Children's when she turns 15.

Marie says her favorite part of her job is watching the new volunteers truly become a part of our promise after just a few weeks. She describes it as a "special moment" when the right volunteer is connected to the right department and Cook Children's becomes an important part of his/her life.

"It's humbling when volunteers thank me for letting them be here," she says. "I'm the one that is supposed to be thanking them. Their generosity is a daily gift and an example of humanity at its best."

Marie Howell may not interact directly with patients at Cook Children's as she once did as a Child Life activity coordinator, but now she gets to find the great people who do, and that's why she tells everyone who asks that she has the best job ever.

Readers' letters

WE WANT TO *know* WHAT *you* THINK!

SEND US YOUR INSPIRATIONAL STORIES OR THOUGHTS ABOUT ARTICLES IN PAST ISSUES.

Editor's note:

WE WOULD LIKE TO EXTEND OUR APOLOGIES TO THE MEMBERS OF JEWEL CHARITY. IN OUR SPRING ISSUE OF *PROMISE*, WE PUBLISHED AN INCORRECT TOTAL FOR JEWEL CHARITY'S LIFETIME GIVING. THAT AMOUNT SHOULD HAVE READ **\$58,620,382.76** RAISED FOR COOK CHILDREN'S OVER 59 YEARS. WE ARE GRATEFUL FOR THE SUPPORT OF JEWEL CHARITY AND SINCERELY REGRET THIS ERROR.

Response to Spring issue

I just looked through my copy of *Promise*. What a beautiful publication! Of course, I always enjoy seeing a picture of Ryan and the other Colonial Kids for a Cause.

Fondly,
Cynthia Prince

My wife and I picked up our *Promise* magazine and we wanted to let you know that the new design looks great. Selfishly, we were drawn into the article about David Hughes, the first patient through the new MIBG suite. Reading this article brought back a flood of memories about trying to seek the right treatment for our son, Hayden, during his fight against neuroblastoma. Much like David, Hayden also went through MIBG therapy, but we had to travel to San Francisco for it. How jealous we are that this therapy is now available in Fort Worth and that the suite's design is centered around the needs of the patient and the family. In San Francisco, my wife had to live on a cot in the hallway for a week, while Hayden went through treatment.

We also read the article with a great deal of pride, by knowing that Hayden's story helped raise some of the funds to bring this to Fort Worth – either through participating in The Blast 5K (go Team Hayden!) or helping host events like Wine for a Cause. It is wonderful to know that these efforts have helped smooth the road for families like the Hughes in their battle, bringing the fight much closer to their home.

Finally, this room will bring children and their families from around the country, or even the world, to Cook Children's. The level of care that they receive from Dr. Meaghan Granger and the entire hematology and oncology staff is nothing short of amazing. They have found a way to partner their incredible knowledge and talents with a caring attitude that embraces the patient with hugs and the family with support, as they go through this frightening time. For us, that is what makes Cook Children's stand out, and we love that we get to share that with the world.


With the help of MIBG therapy and the great staff at Cook Children's, who have partnered with physicians across the country, as well as thousands of prayer warriors, our son Hayden is three years cancer free. We hope that David Hughes and his family get to experience the same joy as a result of their trip here to Cook Children's and his week-long stay in the new MIBG suite.

Keep up the great work,
Lizzie and Matthew Head


Social media

PATIENT FAMILIES OFTEN USE THE COOK CHILDREN'S HEALTH CARE SYSTEM'S FACEBOOK PAGE TO PUBLICLY THANK THE NURSES AND DOCTORS WHO CARE FOR THEIR CHILDREN. BELOW ARE SOME OF THE COMMENTS WE RECEIVED.


In response to *Doctors' Day in March*:

 My son's doctors are amazing! Dr. Pena has been my son's doctor for about 11 years and almost 40 admissions to Cook Children's. He has been by our side through it all. From the start of just kidney disease to end stage kidney failure and now a transplant. We are very blessed to have a top notch doctor for our son. His surgeon, Dr. Miller, has been a blessing also. He has performed every procedure David has had. He takes the time to explain everything involved. I was calm during the transplant knowing Dr. Miller was there. Thank you for caring for my son.

Regenia Tucker-Lewis


 We absolutely love all our docs at Cook Children's. Dr. Steve Muyskens, Dr. Jim Miller and Dr. Kukolich are the current ones we have; we have had Dr. Tam, Dr. Honeycutt and Dr. Fernando Acosta. All have been instrumental in Zaiden's care. We just LOVE Cook Children's!

Sherry Foster-Smith


 Dr. Granger is a gentle doctor who cares deeply for her patients. She's eager to learn and passionate about what she does. Dr. Howrey always put a smile on my daughter's face. Dr. Eames was always patient to explain things again and again to exhausted parents. Dr. Olvera is an excellent pediatrician who takes time to listen to her patients and their parents.

Karen Fulton Debenport


During *Nurses Week in May*:

 We appreciate all the staff at Cook Children's. Best hospital and doctors in the country for helping families battle for their children! Thank you for all that you do.

Luann Simpson Thomas

 Thank you for all of your hard work and compassion! You are blessings to the families you serve.

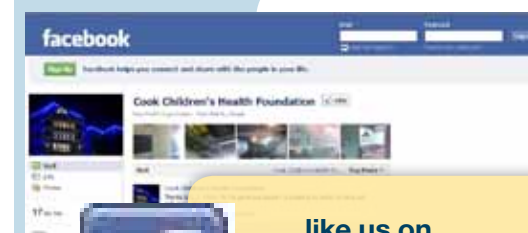
Melissa Wade Arnett

 Your hematology and oncology clinic nurses are the best!

Carrie Visch Brose



follow us on Twitter
@Give4Kids



like us on
Facebook



check out our Web page at
cookchildrens.org/giving or sign
up to receive our
monthly e-newsletter at
giving.cookchildrens.org/enews

Generational Giving

Inspired to get involved

FOR THE LOWRANCE FAMILY, GIVING TO COOK CHILDREN'S IS A FAMILY TRADITION THAT SPANS ACROSS GENERATIONS.

Parents always want what is best for their children. They make every effort to raise them to be independent, caring and genuinely kind people. Dan Lowrance is no exception. For his daughters, Karen Johnson and Katie Oudt, they were taught strong personal and family values, and a strong work ethic, with kindness and concern for others.

Dan, who is retired from the oil and gas industry, is a Fort Worth native, committed to helping children, families and the Fort Worth community. For nearly a decade, he has invested time and energy into Cook Children's, serving in a multitude of capacities. Dan has been a Cook Children's Health Foundation Board member since 2008, is a Cook Children's advocate and ambassador within the community and he supports various events that benefit Cook Children's, including Jewel Charity, which is how he came to know Cook Children's. His generosity allows us to help a great number of patients and their families. Most importantly, he has introduced his family to Cook Children's, and has helped make supporting our promise multi-generational.

When Dan experienced Cook Children's through a behind-the-scenes program called Experience the Mission in 2009, he witnessed firsthand a passion and dedication

to helping children that can only be found at Cook Children's. He encouraged his daughters and their husbands, Matt and Kyle, to participate in the program as well, and when they did, they too were inspired to get involved.

For the Lowrance family, helping the patients and families at Cook Children's is something that they do often.

As an example of their family giving, a plaque hanging on the fourth floor of the new Dodson Specialty Clinics building on the Cook Children's campus reads: *The Lowrance Family Floor for Endocrinology, Pulmonary and Gastroenterology. Made possible by a gift from The Dan E. Lowrance Family.*

Karen and her husband Matt, who reside in Fort Worth, are members of Seventh Avenue, a young professionals group at Cook Children's, where they volunteer as a family. Together, they are carrying on the family legacy of helping others. With a family



Dan Lowrance gets a behind-the-scenes look at Cook Children's.

history of asthma, it is their personal mission to help treat and educate children living with asthma, and they do that by supporting the pulmonary program at Cook Children's. Their gifts in support of the endocrinology and pulmonology programs at Cook Children's help us provide patients with the latest advancements in prevention. In addition, Karen and Matt are committed to funding state-of-the-art equipment and unique patient experiences like Camp Broncho, Cook Children's summer camp for children with asthma. In recognition of their support, the waiting room in the pulmonary clinic, located in Dodson Specialty Clinics, bears the Johnson family name.

The Lowrance and Johnson families are leading by example, establishing a legacy of generational giving that is not just an act of kindness and helping others, but a passion.

Left to right, front to back: Conrad Oudt (1), Wesley Oudt (4), Quinn Johnson (3), Jude Johnson (6), Katie Oudt, Kyle Oudt, Dan Lowrance, Karen Johnson, Matt Johnson.

Donor spotlight

THESE **young philanthropists** ARE INSPIRING FUTURE GENERATIONS OF GIVING IN UNIQUE AND MEANINGFUL WAYS.

Any effort that improves a child's life is commendable. But when that effort is made by another child, it is inspiring. With pure hearts and honest intentions, more and more young philanthropists are helping others in unique and meaningful ways.

At Cook Children's, we see children help other children every day. Whether it's collecting art supplies for our Creative Artist in Residence Programme, spending their summers as Junior Volunteers at the medical center or decorating cards for patients, each of these young philanthropists is making a difference.

SOME BUNNY TO LOVE

When Haley Whatley was just 6 years old, she knew that something as small as a stuffed animal could comfort and soothe patients at Cook Children's. She wanted to bring a feeling of love and support during what could be a difficult time for them. Haley, with the help of her family and friends who she deemed her "Bunny Ambassadors," organized what would be the first of 13 annual Bunny and Bear Drives. Each spring, she collected more stuffed animals than the last, donating every furry friend to Cook Children's, to be distributed to patients who had to stay overnight at the medical center.

When the kids got a stuffed animal, they knew that they were not alone. People, whom they had never met, donated that stuffed bunny or bear to make them feel better, to give them something to hug and hold. Each year, the number of Bunny



At just 2 years old, Valerie Del Toro has raised \$815 for Cook Children's through the Peter Pan Birthday Club.

Ambassadors grew. Family, friends, businesses, churches, fitness boot camps and more, all joined in Haley's effort to help the patients at Cook Children's.

The first Bunny and Bear Drive in 2001 produced 1,400 bunnies and bears. By 2013, that number had grown to 3,767 and the grand total for all 13 years was 28,772!

As Haley heads off to college in South Carolina this fall, she will pass the baton to Trudie Troublefield, a young friend who couldn't "bear" to see Haley's efforts come to an end. Haley's legacy will always be the Bunny and Bear Drive that takes place each spring, but it will also be the sense of social obligation that she taught to each of her young Bunny Ambassadors.

THE GIFT THAT KEEPS ON GIVING

When a child's birthday comes around, it wouldn't be unusual to find a toy store magazine all marked up, with the wish list toys circled in bright colors. Birthday parties are a celebration and presents just come with the territory.

For the 81 members of the Peter Pan Birthday Club at Cook Children's, the gifts they receive aren't found in toy catalogs and aren't something that can be opened — these gifts are for the patients at Cook Children's. When Peter Pan members have their birthday parties, they ask their party guests to make monetary donations to Cook Children's instead of bringing presents. Last year, they collectively donated \$18,385.69.

Unselfish and giving, these children deserve to be celebrated. So, on March 24, Cook Children's hosted an annual party just for them. It had live entertainment, a silhouette artist, an arts and crafts activity and food that included cupcakes, of course! Local vendors gladly donated their services to honor these young philanthropists.

Peter Pan and the Lost Boys never wanted to grow up, but members of the Peter Pan Birthday Club will; and imagine all of the lives they will touch along the way.



Haley Whatley started the Bunny and Bear Drive when she was just 6 years old.





Program spotlight

DURING EMPLOYEES CARE'S 15-YEAR HISTORY, EMPLOYEES HAVE PLEDGED MORE THAN \$4 MILLION, FUNDING 50 DIFFERENT PROJECTS THAT WOULDN'T EXIST WITHOUT THESE GENEROUS GIFTS.



260
New hOUR kids
members in 2013

2,211
Total participants
in 2013



\$623,000

Raised for the kids in 2013



\$134,000
Increase from 2012

Employees
Care

THIS GROUP PHOTO TAKEN AT THE ANNUAL COKE
FLOAT THANK YOU PARTY REPRESENTS ONLY



OF 2,211 EMPLOYEES
WHO DONATED IN 2013
TO CARE FOR OUR PATIENTS.

Thank you!

*Sonny Burgess,
Cook Children's director of
Clinical Performing Arts, is the
spokesperson for
Durant Toyota's
year-long campaign
in support of
Cook Children's.*



Partners in our promise

.....
INSPIRED TO HELP THE CHILDREN IN THEIR COMMUNITIES,
Durant Toyota IN WEATHERFORD AND **Jerry Durant Toyota** IN GRANBURY ARE
DONATING TO COOK CHILDREN'S FOR EVERY NEW CAR THEY SELL IN 2013.

DURANT TOYOTA IN WEATHERFORD AND JERRY DURANT TOYOTA IN GRANBURY

Nearly every employee at Durant Toyota in Weatherford and Jerry Durant Toyota in Granbury is connected to Cook Children's in one way or another. Perhaps their child is under the care of a Cook Children's pediatrician, or a neighbor's child beat cancer with the help of our incredible hematology and oncology physicians, nurses and staff. With Cook Children's long history, it is even possible that some of the employees themselves saw Cook Children's pediatricians when they were young, visited the emergency department with broken arms or spent a night at the medical center.

So, when these two dealerships began their new campaign to support Cook Children's this past January, the partnership was natural. Both the Weatherford and Granbury locations were already sponsoring local events that benefit Cook Children's, but now they have a program that directly supports our patients and their families.

For every new car sold during 2013, Durant Toyota in Weatherford and Jerry Durant Toyota in Granbury are making a donation to Cook Children's.

Local country music singer-songwriter Sonny Burgess was the inspiration behind this partnership and is now the spokesperson for the campaign. His work as the director of Clinical Performing Arts at Cook Children's touches the lives of patients on a daily basis, but in return they also touch his life. When Sonny



Employees at Durant Toyota in Weatherford.

was approached by Durant Toyota to do radio and television commercials, he knew that a partnership could mean great things for the patients who he cares so much about.

Sonny and his work were the inspiration for this new partnership, but the patients are the motivation behind Durant Toyota's year-long campaign. While touring the Child Life Zone, a place designed to distract patients from the everyday routine of a hospital stay, the Durant representatives were moved by the work Sonny and the Child Life staff have accomplished. They saw the benefits of having a recording studio, broadcast studio, library, snack bar and a room tailored just for teenagers. They could see the positive impact all this has had on the patients and how it aids in the healing process.

***Only four months into
the campaign, more
than \$46,000 has
been donated to
Cook Children's.***

They look forward to finishing the campaign strong, because they know that their support will benefit the children of their employees, the children of their customers and the children in their growing communities.

Community partners

COOK CHILDREN'S IS BLESSED WITH MANY ACTIVE *community groups* WHO PHILANTHROPICALLY SUPPORT US BY HOSTING A VARIETY OF FUNDRAISING EVENTS. WE APPRECIATE ALL OF THESE *enthusiastic donors* AND THEIR *volunteers* WHO COORDINATE AND *staff* THESE EVENTS.

NEUROBLASTOMA 5K RUN AND WALK

The 2012 Neuroblastoma Walk raised \$170,982 to support neuroblastoma research, totaling more than \$400,000 in five years.

The fifth annual Neuroblastoma Walk in 2012 was a great success, raising \$170,982! In just five years, that totals more than \$400,000 raised for the development of Cook Children's neuroblastoma program, as well as clinical research.

Alexa Sankary had the idea to create the Neuroblastoma Walk when she was just 6 years old. It was her way to honor the memory of her life-long friend, Michael Mancuso, and help find a cure for neuroblastoma.

Five years later, the walk continues to grow, honoring Michael and all of the brave children and families who have battled this cancer. Entire communities come out to walk in support of these children, because it is their courage that keeps alive the dream of finding a neuroblastoma cure.



Alexa Sankary, along with her parents, Mike and Kristin, younger sister Maddie, 2012 Champion Team Fundraiser Ewing Devaney and other friends and family, present a check to Cook Children's Neuroblastoma Medical Director Meaghan Granger, M.D.

HEARTS FOR ART

The Hearts for Art benefit in memory of Samantha Schmidt raised \$18,057 for acute myeloid leukemia research.

Honoring the memory of Samantha Schmidt and her love for art, Hearts for Art is a benefit and auction that raises money for acute myeloid leukemia (AML) research at Cook Children's. The second annual Hearts for Art event took place February 17 in Allen, Texas, and raised \$18,057.

When Samantha's family and friends presented a check to Cook Children's on March 29, they also presented a special art piece. Sketched by a local artist, friends and family painted different parts of the canvas, creating a beautiful beach scene. The canvas will be displayed at Cook Children's Medical Center to honor Samantha and inspire others in the fight against AML.



With the support of many family and friends, Samantha's parents, Peggy and Perry, and younger brother Daniel present a check to Cook Children's Hematology and Oncology Center Medical Director Gretchen Eames, M.D., MPH.



University of North Texas gives back

DANCE MARATHON RAISES MONEY FOR COOK CHILDREN'S THROUGH CHILDREN'S MIRACLE NETWORK HOSPITALS.

For the students at the University of North Texas (UNT), participating in the annual Dance Marathon provides a college experience unlike any they will find in a classroom. It's a unique opportunity to give back to the community alongside their fellow students. The UNT Dance Marathon, which raises money for Cook Children's through Children's Miracle Network Hospitals, has become a campus tradition. Under the student leadership of an executive board and volunteer committees, it has been successfully growing since its inception in 2010. The motto for this year's event was "FTK" which stands for "For the kids," meaning the participants were standing for the kids who couldn't.

This year, 250 students raised more than \$10,000.

During the months leading up to Dance Marathon, individual students and groups from various student

organizations formed teams to raise money and awareness for the event. The cost to participate was \$10 per person; this year, the students got creative in their fundraising efforts and raised more money than ever before. They hosted video game tournaments and restaurant nights, collected change and auction items. They set up speakers and played music throughout the campus until enough money was collected to "stop the bop."

The support for this event is not limited to the student population at UNT. Even staff members get involved. They participate in jeans days where people donate money to be able to wear jeans to work. They also compete against each other for the bragging rights that come with being the department that raises the most money for the cause. And the events that take place in the community are well supported by university alumni and the general public.

When Dance Marathon took place February 23, it was truly a celebration for everyone involved. A DJ, local bands

and university singing and dancing groups entertained participants while they danced or stood for the entire six hours. Dance Marathon 2013 was a party, and the honored guests were the Miracle Families at Cook Children's who came to share their stories, thank the students and dance.

For many of the students, the highlight of the entire experience was interacting with the patients they worked so hard to help. Although there was a special area set up for the patients and families, most of them found themselves on the dance floor. The students were drawn to the kids, their new heroes, lifting them on their shoulders, dancing them around the room and making them the real stars of the day.

Dance Marathon does as much for the students who participate as it does for the patients who benefit. It allows the students to be kids again, while helping other kids. It personally connects them to a cause they may have never known. Most importantly, it shows them that they can create miracles.



PHOTOS BELOW:
LEFT: Victoria Fox and her mother, Vanessa
RIGHT: Elysse Ledbetter sitting on the dance floor with UNT students

Look for the *miracle balloon* in your neighborhood

and know all of the funds raised help children in our community.

UPCOMING MIRACLE BALLOON CAMPAIGNS:

DAIRY QUEEN: JUNE 1 - AUGUST 8

ACE HARDWARE: JULY 1 - 31

LOVE'S TRAVEL STOPS: AUGUST 24 - SEPTEMBER 30

FOR A COMPLETE LIST OF PARTNERS, VISIT COOKCHILDRENS.ORG/GIVING.



What's new at Cook Children's?

THIS SECTION IS DEDICATED TO PROVIDING OUR READERS WITH THE LATEST NEWS AND UPDATES FROM AROUND COOK CHILDREN'S HEALTH CARE SYSTEM.

PEAKS THE DRAGON



THE OUTDOOR PLAYGROUND AT COOK CHILDREN'S MEDICAL CENTER IS NOW HOME TO PEAKS THE DRAGON. MADE FROM LEGOS, PEAKS HAS INTERACTIVE STATIONS WHERE PATIENTS AND VISITORS CAN PLAY.



COOK CHILDREN'S URGENT CARE AND PEDIATRIC SPECIALTIES-MANSFIELD GROUND BREAKING

ON MARCH 20, WE BROKE GROUND ON COOK CHILDREN'S URGENT CARE AND PEDIATRIC SPECIALTIES - MANSFIELD. THE FACILITY, LOCATED NEXT TO OUR MANSFIELD PRIMARY CARE OFFICE, IS SCHEDULED TO OPEN IN SPRING 2014.

EAR, NOSE AND THROAT CENTER NOW OPEN

COOK CHILDREN'S PROUDLY ANNOUNCED THE OPENING OF OUR EAR, NOSE AND THROAT (ENT) CENTER THIS SPRING. IT IS LED BY LONG-TIME FORT WORTH OTOLARYNGOLOGIST J. MARK PALMER, M.D.





*Medication can
often look like
candy to children.*

Fulfilling our promise

KEEPING YOUR KIDS SAFE FROM ACCIDENTAL POISONING.

Children can be accidentally poisoned by finding medication belonging to friends or family members at their houses or in their purses or bags. They can also get into a cabinet that contains household cleansers like bleach or window spray. Remind your friends or family members to keep medication and household cleaners out of the reach of your children. Often Grandma's medication looks like candy or the cleanser bottle looks like a lemon/lime drink.

You can dispose of unneeded or expired medications properly at your pharmacy or at a Medication Take Back event.

There are also drug drop boxes now available in three police stations in Fort Worth, thanks to a pilot project involving Cook Children's and Safe Kids Tarrant County.

Those Fort Worth stations are located at:

[350 W. BELKNAP ST.](#)

(open 24 hours, seven days a week)

[1100 NASHVILLE ST.](#)

(open 8 a.m. to 5 p.m., Monday-Friday)

[3525 MARQUITA ST.](#)

(open 8 a.m. to 5 p.m., Monday-Friday)

You may take your over-the-counter or prescription medications, vitamins and veterinary meds (with the exception of needles, syringes and IV bags), drop them in the box and know that they will be destroyed in an environmentally friendly method.

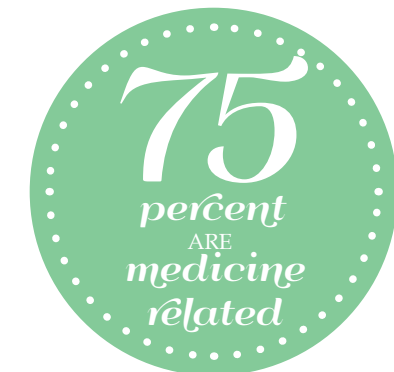
For more information on poison or accidental injury prevention, visit cookchildrens.org/safety.

To support programs at Cook Children's like Safe Kids Tarrant County, visit cookchildrens.org/giving.

Did you know that close to

600
children

*come to Cook Children's for
accidental poisonings
each year?*



*Thanks to partners like West
Coast University who support
Safe Kids Tarrant County,
Cook Children's is able to educate
the public on the dangers of
accidental poisoning.*

System leadership

COOK CHILDREN'S HEALTH FOUNDATION | board of trustees

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Cook Children’s promise

KNOWING THAT EVERY CHILD’S LIFE IS SACRED, IT IS THE PROMISE OF
COOK CHILDREN’S TO IMPROVE THE HEALTH OF EVERY CHILD IN OUR REGION THROUGH
THE PREVENTION AND TREATMENT OF ILLNESS, DISEASE AND INJURY.

By the numbers

DENTAL HEALTH IS AN IMPORTANT PART OF A CHILD'S OVERALL HEALTH. **SAVE A SMILE, LED BY COOK CHILDREN'S,** PROVIDES DENTAL CARE FOR LOW-INCOME CHILDREN IN THE COMMUNITY. **DRIVE FOR A SMILE** IS A CHILDREN'S TOOTHBRUSH DRIVE ORGANIZED BY **THE CHILDREN'S ORAL HEALTH COALITION, LED BY COOK CHILDREN'S.** THE EVENT COLLECTS CHILDREN'S TOOTHBRUSHES FOR AT-RISK CHILDREN IN THE COMMUNITY.



111 VOLUNTEERS
participated in the
2013 Drive for a Smile
children's toothbrush drive

17,442 CHILDREN'S
TOOTHBRUSHES
donated to the 2013 Drive for a
Smile children's toothbrush drive

Save a Smile program provided
oral health screenings for
6,083 CHILDREN
in Tarrant County in fiscal year 2012

46 COLLECTED
TOOTHBRUSHES
for the 2013 Drive
for a Smile children's
toothbrush drive

\$5.7 million in dental care
donated by Save a Smile
VOLUNTEER DENTISTS in Tarrant
County since 2003

Honor Roll OF GIVING

THE GENEROSITY AND COMPASSION OF THESE DONATIONS HAVE HELPED ENHANCE THE LIVES OF CHILDREN WHO RELY UPON COOK CHILDREN'S FOR CARE.

Feb. 1-April 30, 2013



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HONOR & TRIBUTE

ARE GIFTS GIVEN TO EXPRESS JOY OR GRATITUDE.



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MEMORIALS

ARE GIFTS GIVEN IN LOVING MEMORY.



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PETER PAN BIRTHDAY CLUB

IS FOR KIDS WHO ASK PARTY GUESTS TO DONATE TO COOK CHILDREN'S INSTEAD OF GIVING THEM BIRTHDAY PRESENTS.



Feb. 1-April 30, 2013

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Feb. 1-April 30, 2013



Feb. 1-April 30, 2013

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