Small pillows are given to newly admitted children 3 years of age and older. (If the child is age 0-2, a taglet will be given in the place of a pillow for safety reasons)
The body of the pillowcases is made with cute, bright, child-friendly fabric, usually in cotton, cotton/poly blend, or flannel. (See suggested fabrics for hints on fabrics the patients love). The cuff of the pillowcase is made with a coordinating fabric or a matching solid color. Each small pillowcase needs to have “Cook Children’s” embroidered on the cuff (any font and color is fine) or a Cook Children's Stitch-A-Wish patch sewn on. Please email Christy Beck if you need patches. These are provided by Volunteer Services at no charge.

The finished size of this pillowcase should be 15” X 24”
Instructions for the body of the pillowcase:

Before starting your pillowcase, please wash and dry the fabric.

***All seem allowances (for the body and the cuff) are 1/2 inch***

Choose a child friendly fabric and cut the fabric 21" long X 31" wide

Cut your coordinating or solid color fabric for the cuff 31" long X 9" wide. After it is cut, fold it in half widthwise, wrong sides together. Iron it to create a crease. Sew the cuff fabric in a zig-zag stitch or use a serger to complete the edge.

Fold the body of the pillowcase in half, lengthwise, right sides together so the pillowcase measures 15". Sew the bottom and side together (opposite of the band). Sew on your cuff and then press.
Holiday pillowcases are a fun way to help decorate the patient’s room for the celebrations. These are made with fun child friendly holiday patterns and a matching or coordinating cuff.

The most popular holiday pillowcases are:

- Valentine’s Day
- 4th of July
- Halloween
- Christmas or Winter

Pillowcases that are not as popular with the patients:

- New Year’s
- St. Patrick’s Day
- Easter
- Thanksgiving

When making Christmas pillowcases, it is fine to use generic fabrics that celebrate Christmas such as Santa Claus, Christmas trees, elves, reindeer, snowmen, etc.

We cannot use any that contain a religious message or religious symbols since we serve families from a variety of faith systems and beliefs.

For Halloween, we ask that you do not use fabric that contains skulls or blood. Although this may be popular with some of the older kids, we do not find it to be appropriate for a hospital setting.