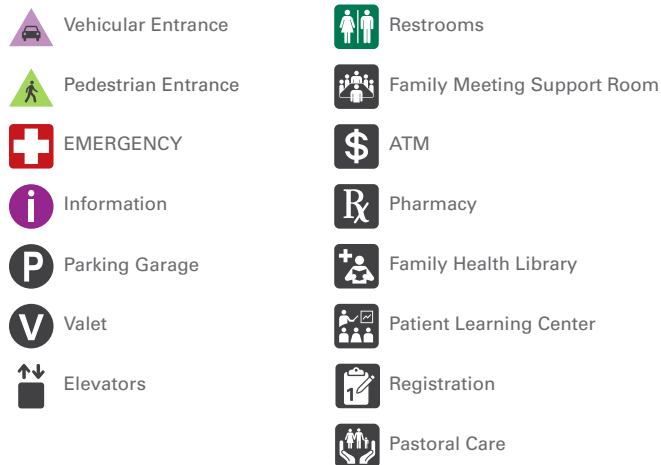
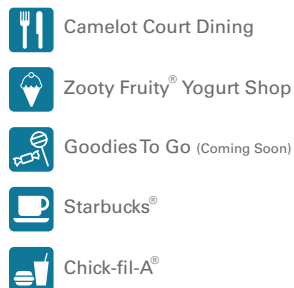




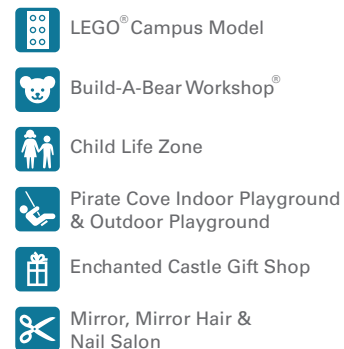
Building map



Places to eat



Things to do



Exceptional
amenities
for everyone,
every day.

Welcome to Cook Children's!

We want to make sure
your experience is as

comfortable and convenient

as possible, whether you
are here for an appointment,
extended stay or to visit
family or friends.

If you would like more information on local
attractions, restaurants or other services,
please contact:

Cook Children's Family Services

682-885-6200

family.services@cookchildrens.org

cookchildrens.org



CookChildren's

CookChildren's

Welcome!



Shop, eat and relax!

Enchanted Castle Gift Shop



Here, you can purchase gifts, balloons, cards, flowers, toiletries, snacks, stamps and much more.

Mon-Fri ~ 9 a.m. - 7 p.m.
Sat ~ 10 a.m. - 5 p.m.
Sun ~ noon - 4 p.m.

Call **682-885-6209** for more information.

Starbucks®



Need a cup of coffee? You're in for a treat! Our Starbucks serves coffee, pastries and hot sandwiches.

Mon-Fri ~ 6 a.m. - 8:30 p.m.
Sat-Sun ~ 6 a.m. - 4:30 p.m.

You can reach a Starbucks team member at **682-885-7109**.

Build-A-Bear Workshop®



Brighten up a child's day with a new furry friend.

Mon-Fri ~ 10 a.m. - 7 p.m.
Sat ~ 10 a.m. - 6 p.m.
Sun ~ noon - 6 p.m.

You can also celeBEARate birthdays in our private celeBEARation room! Stop by or call **682-885-BEAR (2327)**.

Zooty Fruity® Yogurt Shop



If you're looking for a sweet treat, stop by for a smoothie or a yogurt with 37 topping choices.

Daily ~ 8 a.m. - 8 p.m.

To reach a Zooty Fruity team member, call **682-885-2053** and ask for Zooty Fruity.

COOK CHILDREN'S GIFT CARD ACCEPTED
AT ALL OF OUR RETAIL LOCATIONS.

DON'T FORGET TO LET FAMILIES AND FRIENDS KNOW
THAT THEY CAN PURCHASE GIFT CARDS.

Shop, eat and relax!

Camelot Court Food Court



Located in our Family Plaza, you can choose from a brick oven pizzeria, a deli, an international station that offers dishes from around the world, a salad bar and a traditional home-style station. Gluten-free items are available.

Deli, salad bar and international station are open daily ~ 11 a.m. - midnight; Home-style station is open Mon-Fri ~ 6 a.m. - 2 p.m.

Call **682-885-5052** for more information.

Shop, eat and relax!

Cook Children's Pharmacy



Want to have your child's prescription filled before you go home? Do you need a compounded prescription? Have it sent to Cook Children's Pharmacy. We also have other non-prescription medicines for your convenience.

Open daily 8 a.m. - midnight

To contact the pharmacy, call **682-885-7109**.

Chick-fil-A®



Located in Camelot Court, our Chick-fil-A offers sandwiches, salads and nuggets, as well as breakfast items.

Mon-Sat ~ 6 a.m. - 10 p.m.

You can reach a Chick-fil-A team member at **682-885-6342**.

Mirror, Mirror Hair & Nail Salon



Our licensed professionals can help patients, families and guests feel more beautiful with:

- Haircuts for children, women and men
- Style, color and hair treatments
- Eyebrow waxing
- Manicures and pedicures for all ages

Mon-Fri ~ 9 a.m. - 5 p.m.

Call **682-885-3200** to schedule appointment.

COOK CHILDREN'S GIFT CARD ACCEPTED
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THAT THEY CAN PURCHASE GIFT CARDS.

Fun things to do

Child Life Zone



Play is a powerful part of the healing process. In the Child Life Zone, patients have a chance to be creative and expressive using several different outlets. Kids can be kids, take a break from the medical environment and enjoy interacting with other patients. We even have iPad minis available.

Hours vary. Come by and see our Child Life Zone calendar for activities and event times.

Call **682-885-7027** for more information.



Fun things to do



Some of the many options available through the Child Life Zone (CLZ) include:

- **Recording studio** – Our recording studio gives patients and families an opportunity to try out drums, guitars, piano, singing and more. Patients can also request songwriting and recording sessions with our director or clinical performing arts.
- **Broadcast studio** – CLZ-TV is home to the medical center's TV channel 39. CLZ-TV airs original shows featuring patients and staff and provides patients a creative outlet 24 hours a day, 7 days a week.
- **The Flip Side** – This gaming room is for school-age kids in the morning and teenagers in the afternoon. It includes a pool table, ping pong table, Wii™, Xbox, jukebox and a large-scale projection screen for movies and sporting events.
- **Family business center** – Families have access to business services such as computers, printing, copying and faxing. Notary service is also available for free.
- **Bomar Library** – Here, patients can check out books to bring to their room during their stay. This space also includes a comfortable area for visitors to relax, read, visit therapy dogs and play board games and puzzles.

Fun things to do.

Outdoor playground



Whether a patient, sibling or guest, kids can play and have fun on the outdoor playground. Some of the activities offered include basketball, checkers/chess, play equipment, bench swings, chalk board, wishing well, dragon LEGO® model and a sensory/planting garden.

Indoor playground



Want to stay inside, but still have fun? The Pirate Cove Indoor Playground, donated by Cook Children's employees as part of the Employees Care campaign, is available for kids up to age 11 with parent supervision.

Main Street Donor Wall



Our donors are an important part of the Cook Children's family. Because of their gifts, Cook Children's can continue using the most advanced technology to care for the sickest children. This wall honors these donors. To learn more, visit cookchildrens.org/giving.

Fun things to do.

Campus LEGO® model



It took more than **94,000** LEGO blocks, three LEGO master builders and nearly 860 hours to create this model of our campus.

Bear made of recycled toys



Sure to make any kid smile, this bear made of more than 300 recycled toys is often used as a landmark and as a background for a great photo.

Atrium



This area is typically used for special events, patient activities and as a gathering place for larger groups. Gatherings can be for anything from volunteer projects to a visit from the Dallas Cowboys!

Spiritual care



- **Chapel** – Our chapel is always open and is located on the second floor. We are proud to be the only hospital chapel in Fort Worth with a tabernacle. Catholic mass is held every Friday at noon.
- **PrayerBear Ministry** – Five days a week, a little red wagon delivers new patients huggable pals – PrayerBears! PrayerBears are gifts from churches, schools and families that care deeply for our patients.
- **Prayer list** – Parents may sign a blue prayer card to add their child's name to our prayer list. This list is emailed each week to nearly 130 congregations and people who pray for our patients.

Call **682-885-4030** to contact a chaplain.

Helpful resources

Family Health Library – With the help of a professional librarian, families can find information about a medical condition, diagnosis or treatment. The librarian will prepare a health information packet while they visit the library, or parents can have the information delivered to the patient's room. Computers, printing, faxing and notary services are available free of charge.

Mon-Fri ~ 9 a.m. - 5 p.m.

Call **682-885-3060** for more information.

For your convenience

Some of the other amenities available on our medical center campus are:

- ATM machines
- Vending machines (various locations)
- Fitness and exercise options
- Lost and found
- Security escorts
- Cell phone charging stations (various locations)
- Business center (mail services)

For more information on any of these services, please call **682-885-6200** or stop by an information desk.

Parent events

At Cook Children's, we understand that having a child in the medical center can be challenging. Our parent events are designed with that in mind, offering an opportunity to take a break and release some of the stress. Each one has a variety of games, activities, prizes, food and relaxation; all while interacting with staff, volunteers and other parents.

Some of the events offered are:

- Parents' Night Out
- Family Night Out
- Cupcakes and crafts

Contact Family Services at **682-885-7451** for more information.