

# Colonoscopy

Date of procedure: \_\_\_\_\_

Time to arrive: \_\_\_\_\_

Do not eat or drink after:

\_\_\_\_\_

**We will call you after 1p.m.** the day before the procedure, to give you these times.

If you do not hear from us by **4:00 p.m.**, please call the scheduling coordinators:

**682-885-1990**  
(or)

**682-885-**\_\_\_\_\_.

## Colonoscopy

Colonoscopy is an exam using a small tube called a colonoscope. The colonoscope has a light and camera at the very end.

colon = large intestine  
oscopy = to look with a scope

The camera lets your doctor see the inside lining of the:

- rectum
- colon
- sometimes the last part of small intestine called "terminal ileum".

The colonoscopy helps us find bleeding, infection, ulcers, polyps, or inflammation.

We may take very small tissue samples called biopsies. A pathologist looks at the tissue and can identify certain diseases. The pathologist reports the biopsy to your doctor. Your clinic nurse calls you with results, usually within 7-10 business days after the test.

## Before colonoscopy

- Tell your doctor about all medicines you take. It may be necessary to take routine medicines at different times.
- Call your doctor immediately if you have a fever of 101.5 or greater.

## Bowel Prep

You will take medicine called a bowel prep to clean out the colon. Please call your doctor immediately, if for any reason you cannot complete the bowel prep as directed.

## Day of colonoscopy

To register:

Cook Children's Medical Center:

**Pavilion Registration Area 2**

Then go to Special Procedure Waiting Room.

Cook Children's Northeast Hospital:

**Surgery Registration**

area and wait there for your nurse.

Your nurse helps you get ready for the procedure and explains what we will do.

## General information

- Parents: Do not bring other children with you. **They cannot go into the prep room or recovery room.**
- Please call the GI Clinic with any questions or concerns.

**GI CLINIC 682-885-1990**

### Permit for procedure

Although complications are rare, certain risks are present. Risks for a colonoscopy:

1. **Perforation:** Any instrument looking inside the body, can cause a small hole or tear. Since we are looking at the inside of the rectum, colon, and terminal ileum, a small hole or tear can happen in this area.
2. **General Anesthesia:** Colonoscopy requires general anesthesia. Information is given to you in the pre-op and post-op areas.
3. **Aspiration Pneumonia:** This happens if a small amount of stomach fluid enters the lungs. An empty stomach before the procedure will decrease the likelihood of this happening.
4. **Bleeding:** Blood loss from colonoscopy, even with biopsies, is very slight averaging only a few drops.

We will answer all your questions about a colonoscopy.

Before you sign a **Consent for Procedure** form you need to know:

1. What a colonoscopy is.
2. Possible risks.
3. Why we are doing the colonoscopy.

### Waiting room

- Parents stay in the waiting area during the colonoscopy. **One parent must stay in the waiting room during this procedure.**
- A colonoscopy takes about 1 hour to complete.

### After colonoscopy

- You go to recovery room and stay on IV fluids and monitors until you wake up.
- While you are in recovery room, your doctor reviews the procedure with your family and explains the colonoscopy pictures.
- You will receive home care information while you are waking up.

*These instructions are only general guidelines. Your doctors may give you special instructions. If you have any questions or concerns, please call your doctor.*

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## Colonoscopy (continued)

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I have a copy of these home instructions, know what I need to do, and understand why they are important.

Parent/Legal Guardian's Signature

Date

Healthcare Provider's Signature



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Page 1 of 1  
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