

Childhood is simple. Until it isn't. When things get complicated, Cook Children's is here to help.

Gastroenterology and Nutrition Services helps children and teenagers inflammatory bowel disease and is actively participating in the **ImproveCareNow** Network. This is the leading learning health network for children in the nation in which clinicians, researchers, patients and families are working together to improve the care and health of all children and adolescents with Crohn's Disease and Ulcerative Colitis (also known as inflammatory bowel disease or IBD).

For decades there have been no significant improvements in remission rates for patients with IBD. **ImproveCareNow** has changed that. Since **ImproveCareNow** began, the percentage of registered patients with Crohn's Disease and Ulcerative Colitis who are in remission (feeling well, no symptoms and fully active) has increased from 50 percent to 77 percent, all without new medications.

ImproveCareNow provides tools and support that the team at Cook Children's uses to deliver more reliable and proactive care to you. The benefits of participating in **ImproveCareNow** include the assessment of your disease activity and health at each visit, checking your medications and observing for side effects, monitoring your growth and nutrition and the creation of an individualized treatment plan for your care.

Here at Cook Children's we take a family centered approach to care. If you are interested in exploring how you can participate, even in a small way, please let us know.

We know it's about more than medical expertise and advanced technology. It's about working together to tackle even the most complex condition. Because childhood should be simple.

Here are four ways to connect with ImproveCareNow. To learn more and share your story:

Subscribe to CIRCLE | eNewsletter

<https://improvecarenow.org/subscribe>

CIRCLE is written for patients and families with ImproveCareNow News, tips for living with IBD and ways to get involved. Getting CIRCLE delivered to your inbox is easy. Sign up today.

Like ImproveCareNow on Facebook

<http://facebook.com/improvecarenow>

Instantly connect with a growing community. IBD research, living with IBD, innovative mobile health apps, IBD events and more. You can sign up for CIRCLE here too.

Read posts on LOOP | blog

<http://improvecarenowblog.org>

Everyone has a voice - patients, parents, clinicians and researchers - and LOOP is a place to share all our stories, ideas and innovations. Be sure to leave comments.

Follow @ImproveCareNow on Twitter

<http://twitter.com/improvecarenow>

ImproveCareNow in 140 characters or less. See what IBD topics are trending, follow our Learning Sessions (#ICNLS), share your story and learn about others'.



IMPROVECARENOW