**Visual Perception**

**WHAT DO I NEED TO KNOW?**

Visual perception is the ability to understand what you see in your life and use with the other senses.

- Involves the eyes, brain and body motions
- Develops through experiences beginning at birth

**WHY IS THIS IMPORTANT?**

- Children need to move, read, write and solve math problems
- Problems may show as:
  - Trouble knowing letters or words
  - Writing up or down hills
  - Burning, itching eyes
  - Holding a book very close or far
  - Missing when catching or throwing
  - Mistakes when copying

**WHAT DO I NEED TO DO?**

- Change position of your baby’s head while lying, sitting, or being held
- Get vision exams for your child
- Toss and catch balls using both hands
- Hit a hanging ball with a stick while standing, sitting or lying on the floor
- Play games such as ring toss, hopscotch, horseshoes or jacks
- Highlight writing line to draw attention to the space for writing
- Cut clutter on the paper by removing unneeded pictures or reducing problems on the page
- Teach concepts such as top, middle, bottom, left and right
- Add space between words by using mini candies, fingers or wooden sticks

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