Behavioral Health Psychiatric Services

Cook Children’s Behavioral Health Services provides a full spectrum of care dedicated entirely to children, from ages 2 through 17. As part of uncommon care all our professionals are qualified both through education and experience to work with children who have behavioral and emotional problems. Our psychiatrists are board certified in child and/or adolescent psychiatry.

The treatment team works collaboratively together and focuses on re-establishing the family unit as the most important influence in the child’s life in order to maintain the child’s care at home whenever possible.

Our services are available 24 hours a day. As part of Cook Children’s integrated healthcare system, we have easy access to medical specialty consultation which allows both emotional and physical concerns to be addressed jointly. Family involvement is heavily emphasized in all programs, with parent education often playing a vital role in a child’s long-term well-being.

Areas of expertise
- Attention Deficit Hyperactivity Disorder
- Depression/grief/Bipolar Disorder
- Anxiety/phobias/school refusal
- Physical and sexual abuse
- Coping with medical illness
- Medical non-compliance

Outpatient services
Outpatient services are designed for children in need of less intensive treatment. We have offices in Denton, Fort Worth, Hurst-Euless-Bedford and Lewisville. Competent professionals provide:
- Individual, family or play therapy
- Cognitive behavior therapy
- Psychiatric evaluation
- Medication management
- Parent education

Partial hospital care
Partial hospital care is ideal for children who need intensive treatment but demonstrate adequate self control to insure not injuring themselves or others. While in the program, an individualized, interdisciplinary treatment plan is developed by the patient’s physician, nurse and family therapist. The need for medication is evaluated. If prescribed, the medication is stabilized and monitored. The child also attends school and is assessed by certified Fort Worth ISD special education teachers. This program occurs Monday through Friday from 8:00 am to 3:00 pm.

Inpatient care
Inpatient care occurs on an 11 bed unit located in the main hospital and is designed for children who require highly supervised and intensive treatment. Our focus is on crisis stabilization and returning the child to his or her home as quickly as possible. This unit serves children ages 2 through 12.

Accessing care
To access care at any level contact our Intake department at 682-885-3917. For emergency situations call 911.

Clinic locations

Fort Worth
Cook Children’s Medical Center
Inpatient Services
801 Seventh Avenue
Fort Worth, Texas 76104
682-885-1055

Outpatient Clinic
1300 S. University Dr #200
Fort Worth, TX 76107
682-885-1050

Partial Hospital Program
1300 S. University Dr. #200
Fort Worth, Texas 76104
682-885-3916

Hurst-Euless-Bedford
750 Mid Cities Blvd.
Hurst, Texas 76054
817-581-2794

Southlake
2727 E. Southlake Blvd.
Southlake, Texas 76092
682-885-6052

June 2011