

What do I do if my baby has thrush?

Thrush is a fungal infection that can develop in the mouth.

It presents with white patches and/or bumps on the tongue, cheeks, tonsils and gums. It often look like milk, but cannot be wiped off with a towel.

Thrush is uncomfortable and may cause difficulties while feeding, and is often passed between mom and baby while breastfeeding.

It is important to limit pacifiers and time sucking while treating thrush, as well as boiling all nipples until the mouth has healed.

The medication used to treat thrush must be prescribed, so it is best to be seen by your child's pediatrician if you suspect thrush in your child's mouth.