

Guidelines for handmade cards

Thank you so much for your interest in making cards or small gifts for the patients at Cook Children's Medical Center. Below are few tips to assist your group in a successful project!

- We kindly ask that your group refrain from putting religious messaging in the cards. If this is an important part of your message, these cards will be forwarded to our pastoral care team to screen and distribute.
- The best type messages are those that provide encouragement or recognition. For example...
 - "We're thinking about you today."
 - "Have a happy day."
 - "Happy Holidays"
 - "You're special"
- Groups are amazingly creative in the gifts they make. Cards, pictures, word puzzles and table decorations are a few of the items that have been enjoyed by our patients.
- We want to keep your children safe, so please ask kids to refrain from including last names, phone numbers, addresses or other personal information.
- If you have questions about this project, please email Megan Hodges Cook at childlifedonations@cookchildrens.org or 682-885-4241.

Cards are typically distributed by placing them on the patients' meal trays as a fun surprise. This means there's no control over which child gets which card so messages like "get well soon" may not be appropriate for all families. This sounds strange to many people since this is a hospital, but for a family that just received bad news, this might not be the best message!

- Many of the patients here are on restricted diets, so candy and gum may not be included in the cards or pictures. If candy is included this will be removed from the card.

- Cards can be dropped off at the Information Desk or mailed to:

Cook Children's Medical Center
Child Life Department
801 7th Ave., Fort Worth, TX 76104

